



Dowfold House

The Breakfast Menu



Served between 7.30 – 9.30am

Vegetarian options

Please tell us in advance if you are vegetarian, and what you'd like, as otherwise not all options may be available

A selection of fresh and/or stewed fruits, according to the season

A variety of yoghurts

Cereals

Porridge

Fruit juices

Egg(s), however you want them

Vegetarian sausages

Tomato

Mushrooms

Gluten-free Potato bread

Baked beans – Heinz of course!

Kippers served with brown bread & butter/non-dairy spread and wedges of lemon

Smoked salmon, with scrambled eggs

Pancakes

Home-made toast and home-made preserves