

## Dowfold House Granola

Makes a Kilner Jar-full.

### Ingredients

7oz rolled porridge oats  
5oz mixed nuts, seeds, dried fruit  
2 tablespoons runny honey  
2 " sunflower oil  
1 teaspoon ground cinnamon  
1 " vanilla extract



### Method

Heat oven to gm 3 or 150C fan

Chop any nuts roughly, add to roasting tin with oats, seeds and spice. Mix honey, oil and vanilla and pour over dry ingredients, mix well and put into oven for about 15 mins. The add dried fruit, mix and cook for a further 15 mins. Take out of oven, let cool and store in an airtight container.