

Dowfold House Banana Bread

Makes 1 Loaf Cake

Ingredients

5oz SR flour
¼ teaspoon bicarb of soda
2oz soft butter or sunflower spread
1 ripe banana
1 egg
4oz sugar
½ teaspoon vanilla extract
¼ teaspoon salt



Method

Heat oven to 375F, gm 5.

Put egg, sugar, butter, banana, vanilla and salt into a liquidizer and blend until smooth. Sift flour and bicarb into bowl and mix in wet ingredients well. Pour into lined loaf tin and bake to ½ hour or so. Leave to cool for 5 mins and turn out. Caramel drizzle icing works very well.