Dowfold House ANZAC Biscuits

Makes 24 biscuits

Ingredients

3oz rolled porridge oats
2oz dried fruit
2oz plain flour
3oz sugar
3oz melted butter or sunflower spread
1 teaspoon golden syrup
1 teaspoon bicarbonate of soda dissolved in 3 teaspoons water



Method

Heat oven to gm 2 or 140C fan

Mix dry ingredients then add liquids. Dot teaspoons of dough onto lined baking sheets (makes about 24) and cook in moderate oven for about 15 mins. Turn down to 80C fan another 15 minutes and then turn off oven until cool. This keeps the biscuits crisp before storing in airtight tin, or freeze for even longer keeping.