

Dowfold House

The Breakfast Menu

Served between 7.30 – 9.30am

Please note the items marked thus * should be ordered the evening before.

Please note that items marked in **bold** contain one or more of the fourteen most common allergens. As we cook all breakfasts freshly for each order, please be patient while it is prepared. To avoid delay, place your order the preceding evening. You will find an order form on the hall table or in the Dowfold House folder in your room.

To start with

On the table and side-board you will find:

A selection of fresh and/or stewed fruits, according to the season

Yoghurt, Cereals, or ask for Porridge*

Orange juice, local apple juice. Other juices maybe available – just ask

Beverages

Enjoy a pot of freshly brewed cafetière coffee or English Breakfast tea, or ask for:

Hot chocolate

Decaffeinated coffee

Espresso, Latte, Cappuccino coffees

Herbal tea, fruit tea, green tea or Earl Grey

Special Dietary Requirements

Please note that we are happy to cater for most special requirements. We keep vegetarian & gluten-free sausages and gluten-free bread & cereal. We will get in most things on request, including goats, soya or lactose-free milk & yoghurts, gluten-free and other “free from” products as desired. The same applies if you have a food allergy. Just let us know and, please, give us some notice of your needs – ideally when you book. Supplementary menus highlighting vegetarian, dairy-free and gluten-free food are available upon request.

Foods containing recognised allergens are shown in **Bold**. Gluten and or lactose-free alternatives are usually available. Please be aware that your breakfast is served from a kitchen where some of the recognised allergens are used, even if they are not actually in the dish you have chosen.

Dowfold House

Breakfast Menu

Please note the items marked thus * should be ordered the evening before.

Dowfold House Full English Breakfast

Our (award-winning!) favourite is poached **egg** on **potato bread**, with bacon, **sausages**, tomato and mushrooms. Or, you can select from any combination thereof.

Dowfold House Lighter English Breakfast

(with only one **sausage** and one rasher of bacon).

Add-ons

Black pudding (gluten-free)

Baked beans (Heinz, of course) if you'd like them.

OR choose the vegetarian version.

Eggs

Any way you like: boiled, fried, poached, scrambled, omelette... You can have any or all of these on/with **toast**, or of course **potato bread**,

Kippers

Served with brown **bread** or **toast & butter** and wedges of lemon

Smoked salmon*

With scrambled **eggs**, on their own, on, or with **toast**, or of course **potato bread** – a combination made in heaven...

Continental breakfast

Fresh-baked warm **croissants**, **toast**, a selection of **yoghurt** and fresh fruit or compote.

Pancakes (crêpes)

Try them with bacon (our favourite) or, indeed, anything you like that we may be able to provide.

To Round Off

Home-made bread **toast**, **butter** and home-made preserves.

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