



# Dowfold House

## The Breakfast Menu



Served between 7.30 – 9.30am

Please note the items marked thus \* should be ordered the evening before.

Please note that items marked @ contain one or more of the fourteen most common allergens. As we cook all breakfasts freshly for each order, please be patient while it is prepared. To avoid delay, place your order the preceding evening.

### To start with

On the table and side-board you will find:

A selection of fresh and/or stewed fruits, according to the season

A variety of yoghurts@

Cereals@

Or ask for Porridge\*@

Orange juice. Other juices are available – just ask

### Beverages

Enjoy a pot of freshly brewed cafetière coffee or English Breakfast tea, or ask for:

Hot chocolate@

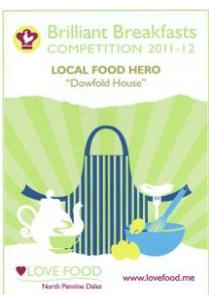
Decaffeinated coffee

Espresso, Latte@, Cappuccino@ coffees

Herbal tea, fruit tea, green tea or Earl Grey

### Special Dietary Requirements

Please note that we are happy to cater for most special requirements. We keep vegetarian & gluten-free sausages@ and gluten-free bread & cereal. We will get in most things on request, including goats, soya or lactose-free milk & yoghurts, gluten-free and other “free from” products as desired. The same applies if you have a food allergy. Just let us know and, please, give us some notice of your needs – ideally when you book.



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### The Main Event

**Dowfold House Full English Breakfast** - Our (award-winning!) favourite is poached egg on potato bread, with bacon, sausages, tomato and mushrooms. Or choose the **Dowfold House Lighter English Breakfast** (with only one sausage and one rasher of bacon), but you can select from any combination of the following:

Egg(s), however you want them @

Sausages@

Tomato

Black pudding@

Potato bread - home-made to an old Irish recipe, and delicious@ (gluten-free by prior arrangement)

Bacon

Mushrooms

Baked beans - Heinz of course!

You can have any or all of these on/with toast@, or of course potato bread@, OR have the vegetarian version.

For fish lovers,

Kippers@, or kipper paté@ may be available. Served with brown bread@ or toast@ & butter@ and wedges of lemon

\*Smoked salmon@, with scrambled eggs@ - a combination made in heaven...

For the lighter start to the day, try the **continental breakfast**, fresh-baked warm croissants@, toast@, a selection of yoghurts@ and fresh fruit or compote.

FINALLY, we're mad about **pancakes (crêpes)** @- try them with bacon (our favourite) or, indeed, anything you like.

### To Round Off

Home-made toast@ and home-made preserves

